



Analysis 1: ReRev Energy Harvesting System

Captures kinetic energy produced in the form of DC power generated from cardio equipment use and converts it to AC power to be fed back into the grid Productivity levels decrease with: Increases in the number of work hours and work days per week



The Total ReRev System Cost Provided is \$148,000

PEPCO C&I Energy Savings Program: Total \$14,311.10

Brainstorming Renewable Energy Opportunities: \$1,000.00 Renewable Energy Simulation Analysis for first 50,000 SF: \$5,000.00 \$0.03 is available for each additional SF: \$311.10 Incorporating Designed Measures During Construction: \$8,000.00

D.C. Renewable Energy Incentive Program: Total \$16,500/Yr

\$1.50 Provided for first 3,000 Watts Produced: \$4,500.00 \$1.00 Provided for next 7,000 Watts Produced: \$7,000.00 \$0.50 Provided for next 10,000 Watts Produced: \$5,000.00

Rise in Energy Costs Per Year: 5% **Estimated Monthly Air Conditioning Savings: 30%** Months of Air Conditioning Savings: 11.43 Watts Generated Per Year: 70,175,160

ReRever A Renewable Energy Revolution

ReRev System Annual Savings Calculations With Incentives												
Year	Annual KW		Annual A/C		Potential Pepco		Pot	tential REIP	T	atal Carrin <i>g</i> a	Detential Duefit	
	Savings		Savings Incentive		Incentive	Incentive			otai savings	Potential Profit		
1	\$	9,080.67	\$	2,594.80	\$	14,311.10	\$	16,500.00	\$	42,486.57	\$	(105,513.43)
2	\$	9,534.70	\$	2,724.54	\$	-	\$	16,500.00	\$	71,245.81	\$	(76,754.19)
3	\$	10,011.43	\$	2,860.77	\$	-	\$	16,500.00	\$	100,618.01	\$	(47,381.99)
4	\$	10,512.01	\$	3,003.81	\$	-	\$	16,500.00	\$	130,633.82	\$	(17,366.18)
5	\$	11,037.61	\$	3,154.00	\$	-	\$	16,500.00	\$	161,325.42	\$	13,325.42

(Annual kW Savings) + (Annual AC Savings) = Total Annual Cost Savings

Twenty Year Potential Profit of \$582,371.52

Kilograms of CO₂ Saved: 41,648 kg Annually

US EPA Study on Energy Generating Equipment:

nproved understanding of renewable energy sources

Increased amount of participants engaging in positive environmental behavior

LEED Gold Rating: 3 Additional Points for Renewable Energy

Instead of an immeasurable quantity people find difficult to relate to, ReRev allows for energy to become a value tied to activities and decisions in everyday life.



1612 U Street | VIDA Fitness Center | Washington D.C.

Clara Watson | Construction Option | Advisor: Dr. Robert Leicht | http://www.engr.psu.edu/ae/thesis/portfolios/2012/CKW5012/index.html



Analysis 2: Overtime Effects on Productivity

		Make Up Lost Time
Scheduled	Accelerate Project	
Overtime	Schedule	ī
		Ensure Project
		Doesn't Fall Behind

Productivity loss : Due mainly to the increase of disruptions the inability to acquire aterials, tools, or other resources at an enhanced rate

Electrical Subcontractor Lost Wages (6-12s)													
Week	Regular Hrs/ Wk	OT Hrs/ Wk	Produc- tivity	Effective Regular Hrs	Effective OT Hrs	Regular Hrs Lost	OT Hrs Lost	Avg Laborer \$/Hr	OT Laborer \$/Hr	Lost \$ Per Laborer	Avg Labor /Wk	Total Lost Wages	
1	40	32	0.80	32.0	25.6	8.0	6.4	\$ 48.25	\$ 72.38	\$ 849.20	6	\$ 5,095.20	
2	40	32	0.75	30.0	24.0	10.0	8.0	\$ 48.25	\$ 72.38	\$ 1,061.50	9	\$ 9,553.50	
3	40	32	0.71	28.4	22.7	11.6	9.3	\$ 48.25	\$ 72.38	\$ 1,231.34	9	\$ 11,082.06	
4	40	32	0.65	26.0	20.8	14.0	11.2	\$ 48.25	\$ 72.38	\$ 1,486.10	11	\$ 16,347.10	
5	40	32	0.61	24.4	19.5	15.6	12.5	\$ 48.25	\$ 72.38	\$ 1,655.94	11	\$ 18,215.34	
6	40	32	0.57	22.8	18.2	17.2	13.8	\$ 48.25	\$ 72.38	\$ 1,825.78	9	\$ 16,432.02	
7	40	32	0.54	21.6	17.3	18.4	14.7	\$ 48.25	\$ 72.38	\$ 1,953.16	8	\$ 15,625.28	
8	40	32	0.50	20.0	16.0	20.0	16.0	\$ 48.25	\$ 72.38	\$ 2,123.00	9	\$ 19,107.00	
9	40	32	0.48	19.2	15.4	20.8	16.6	\$ 48.25	\$ 72.38	\$ 2,207.92	10	\$ 22,079.20	
10	40	32	0.46	18.4	14.7	21.6	17.3	\$ 48.25	\$ 72.38	\$ 2,292.84	10	\$ 22,928.40	
11	40	32	0.45	18.0	14.4	22.0	17.6	\$ 48.25	\$ 72.38	\$ 2,335.30	9	\$ 21,017.70	
12	40	32	0.44	17.6	14.1	22.4	17.9	\$ 48.25	\$ 72.38	\$ 2,377.76	12	\$ 28,533.12	
13	40	32	0.43	17.2	13.8	22.8	18.2	\$ 48.25	\$ 72.38	\$ 2,420.22	12	\$ 29,042.64	
14	40	32	0.42	16.8	13.4	23.2	18.6	\$ 48.25	\$ 72.38	\$ 2,462.68	15	\$ 36,940.20	
15	40	32	0.41	16.4	13.1	23.6	18.9	\$ 48.25	\$ 72.38	\$ 2,505.14	12	\$ 30,061.68	
16	40	32	0.41	16.4	13.1	23.6	18.9	\$ 48.25	\$ 72.38	\$ 2,505.14	11	\$ 27,556.54	
Total				2452	276.2	204.0	2250			¢ 24 202 02		\$ 220 616 00	

The Total Lost Wages for the Six Main Subs is \$1,539,481

OT Schedule Comparisons

Alt. Schedule Effective Hrs 4-10s 605.2

4-9s & 1-8 627.9 5-8s 570

<u>5-10s 643.5</u>

7-10s 651.7 6-12s 621.4

7-12s 672

6-9s

7-8s

5-12s

7-9s

6-10s

662.6

690

597.5

599.4

605.4



Building Location:

Number of Stories: 4 Sto

Occupancy / Function Type:

Project Delivery Method: Des

The 4-8s & 1-9 Schedule Saved \$1,346,619 in Labor Costs

[Project Overview]	
Building Size: 60,370 SF	
Project Cost: \$14 Million	



Analysis 3: Implementation of Job Order Contracting

Allows Owner to achieve many smaller contracts under the umbrella of a larger, Existing Layout: Supply & Exhaust lines located outside; several areas not competitively bid contract

Succeeding construction projects won on previous performance

	Steel Subcontractor Cost Savings from Employing JOC										
VIDA Name	Square Footage	Steel Cost/SI	Total Cost	Min Savings (8%)	Max Savings (15%)	Avg Savings (11.5%)					
U Street	80,000	\$ 13.0	7 \$ 1,045,600.00	\$ 83,648.00	\$ 156,840.00	\$ 120,244.00					
Metropole	65,000	\$ 13.0	7 \$ 849,550.00	\$ 67,964.00	\$ 127,432.50	\$ 97,698.25					
Verizon Center	60,000	\$ 13.0	7 \$ 784,200.00	\$ 62,736.00	\$ 117,630.00	\$ 90,183.00					
Renaissance Hotel	32,000	\$ 13.0	7 \$ 418,240.00	\$ 33,459.20	\$ 62,736.00	\$ 48,097.60					
TOTAL			\$ 3,097,590.00	\$ 247,807.20	\$ 464,638.50	\$ 356,222.85					

| \$ 47 378 670 00 | \$ 4 264 080 30 | \$ 9 949 520 70 | \$ 7 106 80

The Steel Precon Schedule Could be Reduced by 68 days

[**Project Participants**]

wner: David von Storch

TOTAL

\$356,22

The 4-9s and 1-8 work

Schedule was Selected

over the existing

6-12s Schedu

- rchitect: Core Architects; Stoneking von Storch
- **EP Engineer: Allen and Shariff Engineers**
- tructural Engineer: Rathgeber-Goss Associates
- nterior Designer: Wade Allyn Hallock Interiors
- eneral Contractor: Forrester Construction Company

Analysis 4: Mechanical System Layout

properly conditioned

Layout 1: Move Supply & Exhaust lines to SW corner

Remove Y Duct in GM Office on 3rd Floor Add 3 additional branch lines on 2nd Floor

Add 2 additional branch lines on 3rd Floor

Layout 2: Move Supply & Exhaust lines to elevator

Reroute Supply through GM Office on 3rd Floor Remove Y Duct in GM Office on 3rd Floor

Add 3 additional branch lines on 2nd Floor

Add 2 additional branch lines on 3rd Floor

Each layout was evaluated on 4 design variables with a 0-5 scale

	Poor		Weak		Neutral		Good		Excellent		
).5	1	1.5	2	2.5	3	3.5	4	4.5	5		
Ductwork I avout Metrics Measuring Chart											
		Duction	n K Layout		measurm	<u>6 chai t</u>					
	Aesthetics		Cost	Sc	chedule	Constru	uctability	Tot	al		
	0.5		5		5		2		.5		
	3.5		1.5		1.5		4		.5		
	4.5		4.5		4.5		4	17	.5		

Layout 2 was Chosen as the Best Option

All outside air and occupancy requirements were calculated using ASHRAE